



July- August 2020

Summer Nights Program Covid-19 Guidelines

Summer Nights Program Partners must comply with the following guidelines

Guidance for All Program Staff and Participants:

- To participate or attend, organizers should ensure that participants, volunteers, coaches and spectators must show no signs or symptoms of COVID-19 for 14 days. Current list of symptoms is available here: <https://www.cdc.gov/coronavirus/2019-ncov/symptomtesting/symptoms.html>
- If any individual develops symptoms of COVID-19 during the activity, they should promptly inform organizers and must be removed from the activity and instructed to return home.
- All program staff and participants should remain at least six feet apart at all times to the greatest extent possible for both indoor and outdoor areas of program space.
- All program staff and participants are required to wear face coverings; program staff must provide a disposable mask to those who do not come with their own face coverings.
- All program staff and participants should abide by social distancing standards for bathroom lines and follow any established visual guidelines for maintaining six feet of distance in all restroom facilities.

Program Management Guidelines for Program Staff:

- Assign a COVID-19 Coordinator to ensure all COVID-19 guidelines are being followed.
- Program partners must establish an on-line or on-site registration system prior to commencing program. All participants must fill out waiver and photo release form.
- Collect emergency contact information from all participants.
- Program staff should report participants showing any COVID-19 symptoms to parents or guardians for immediate pick up from program. Partners must have a designated area away from others for those feeling ill until they can return home.
- To participate or attend, organizers should ensure that participants, volunteers, coaches and spectators must show no signs or symptoms of COVID-19 for 14 days. Current list of symptoms is available here: <https://www.cdc.gov/coronavirus/2019-ncov/symptomtesting/symptoms.html>

- Alcohol-based hand sanitizers with at least 60% alcohol should be made available at program entrances, exits, in spaces where food is permitted.
- Post visible signage throughout the site and/or remind participants about everyone's role in stopping the spread of COVID-19 and hygiene and safety protocols.
- Group size is limited. Programs must separate participants into groups of no more than 12 participants, including coaches and staff.
- No field trips or offsite travel allowed.
- Minimize equipment sharing (e.g. balls, pucks). Personal equipment, such as helmets and pads, shall not be shared. Activities should be outside when possible.
- If a staff member or participant is diagnosed with COVID-19, it must be reported to program leaders immediately so that their contacts can be tested right away, and facility disinfecting be performed.
- Partners must complete DCR's post-event report after each program session and submit to DCR staff the following day.
- Partners must review and comply with all applicable COVID-19 guidelines as issued by the Governor and modify Summer Nights programs and activities with any new compliances based on all applicable COVID-19 orders issued.
- Program Partners must update Emergency Action Plans with a specific section on COVID-19 protocols which shall include but not limited to the following: Coordinators ensuring participants do not display signs of COVID-19 for 14 days, providing proper cleaning and hygiene supplies for washing hands, ensuring participants are following protocols for face coverings and social distancing, and procedures for notification to participants.

Hygiene and Disinfecting Guidelines:

- Programs should be stocked with CDC-approved hygiene and cleaning products (e.g., alcohol-based sanitizer, disinfecting cleaning wipes).
- Ensure access to handwashing/sanitizing on site and allow sufficient break time for everyone to wash hands frequently; applying alcohol-based hand sanitizers with at least 60% alcohol may be used as an alternative to soap and water hand washing.
- Clean and disinfect shared equipment (such as balls and pucks) and at the start, during and end of each activity by products recommended by the CDC.
- Provide regular sanitization of high touch areas, such as workstations, equipment, screens, doorknobs and restrooms throughout program site.
- In general, disinfection of all common surfaces must take place at intervals appropriate to each space.

Phase III Athletic Guidelines: *

Facility Operator Guidance

- Indoor and outdoor athletic facilities are open for youth and adult amateur sports activities and programs.
- Indoor facilities must limit capacity to no more than 40% of the building's maximum permitted occupancy and ensure adequate social distancing for all visitors and staff.

- For outdoor facilities: Spectators must maintain distance of at least 6 feet between spectators groups. Operators are encouraged to mark off spectator/chaperone viewing sites to allow for social distancing. Spectators should be encouraged to wear masks.
- For indoor facilities: if an indoor facility has a chaperone or spectator viewing area which allows for at least six feet social distancing between spectators and the presence of spectators plus players/coaches as well as staff does not cause the facility to exceed more than 40% of the maximum occupancy for the indoor facility, then 1 spectator per player under 18 years old are allowed. Spectators must wear facial coverings and maintain six feet of social distance at all times. Operators are encouraged to mark off spectator/chaperone viewing sites to allow for social distancing.
- Locker rooms and changing areas may open in Phase III, Step 1, but should be limited to 50% capacity. Facility Operators should ensure that users can abide by capacity restrictions and social distancing standards and establish signage and visual guidelines. Signage should remind users to limit time spent in enclosed area.
- Indoor showers should remain closed in Phase III, Step 1. Indoor and outdoor pool facilities must provide access showers to swimmers prior to swimming in compliance with 105 CMR 435. If outdoor showers are not available, facilities may meet this requirement by providing access to indoor showers. If outdoor showers are available, facilities should keep indoor showers closed.
- Limit any nonessential visitors, spectators, staff, volunteers, and activities involving external groups or organizations as much as possible. While indoors, visitors, spectators, volunteers and staff must wear face coverings.
- Where feasible, indoor facilities should institute one-way entrance and exits while adhering to established fire and building codes.
- Access to equipment storage and office space should be limited to employees only. First aid kits should be available at the playing area or court rather than in an office, where possible.
- Facility organizers should ensure that individuals are not congregating in common areas or parking lots following practices or events.

Activity Organizer Guidance

- Face coverings and social distancing of six feet is required when participants are not actively engaged in an activity (e.g., on bench, huddles, breaks, locker rooms, pre/post practice).
- Activity Organizers are encouraged to consider adopting more stringent rules to accommodate athlete safety.
- Activity Organizers should require facial coverings to be worn while engaged in a moderate risk sport/activity where intermittent contact might occur and it is safe to do so (i.e., baseball/softball player while at bat/on base, volleyball).
- Activity Organizers should consider other mitigating measures to reduce the likelihood of respiratory particular transmission between participants for moderate risk sport/activities (i.e., having runners in every other lane).
- Sportsmanship should continue in a touchless manner – no handshakes/slaps/fist bumps.
- If social distancing is not possible in an athletic facility, chaperones/spectators may be asked to wait outside the facility until an activity is completed.
- Only non-contact sports are allowed. Please limit sports to non-contact drills and workouts.
- Inter-team games, scrimmages, and tournaments shall not be permitted for any organized sports activities.

- Contact sports (e.g., basketball, football, baseball, soccer, field hockey, lacrosse, hockey and other sports where ordinary play puts players in direct contact or close proximity) must limit activities exclusively to no-contact drills and practices.
- Users should sanitize hands before and after play of the group activity and should not share equipment.
- Locker rooms, weight rooms, and indoor common areas must remain closed.
- Users waiting for a specific section of a field that is in use should wait outside the field of play until the previous users have vacated to ensure proper social distancing.

*Subject to change based on Reopening Guidelines

Food and Drink Guidelines

- Snacks and meals should be brought from home, pre-packaged, or ready-to-serve in individual portions minimize handling preparation. When this is not feasible, staff must prepare and serve meals. No family-style food service.
- Food preparers are to wear gloves and masks when handling and serving food.
- No shared food or drink is allowed during any activities for participants or spectators (e.g., concession stands or team snacks).
- No use of public water bubblers, fountains or bottle fillers if present on site. Participants and spectators should only drink from their own containers.
- Ensure there are no more than five participants in line for food and they are kept six feet apart.
- Food must be plated or boxed for pick up by the person consuming it to reduce opportunity for exposure. This includes napkin, utensils and condiments.
- Drinks must be individually packaged/bottled, or in a personal container brought from home.
- Condiments and similar products (e.g., salt, pepper, and salad dressing) should not be pre-set on tables and should instead only be provided upon request in single-serving portions (e.g., individual packages or cups).
- Staff and participants may remove face coverings only while eating and seated at least six feet apart.
- Self-serve, unattended buffets, topping bars, drink stations, and other communal serving areas are not allowed.

Touchless Trash Disposal - General Guidelines

- Program staff should adhere to a strict “carry in, carry out” policy and take waste with them. For programs on DCR property, please discuss trash removal in advance with DCR program staff.
-

DCR reserves the right to cancel Summer Nights activities if participants or organizers are not adhering to established COVID-19 guidelines or other safety considerations.

Reference Documentation

[WORKPLACE SAFETY and REOPENING STANDARDS FOR BUSINESSES and OTHER ENTITIES PROVIDING YOUTH and ADULT AMATEUR SPORTS ACTIVITIES – Phase III, Step 1: *](#)

[Memorandum From: Executive Office of Energy and Environmental Affairs \(EEA\) Date: June 9, 2020 Subject: Safety Standards for Parks, Open Space, and Outdoor Education Programs – Phase II](#)

[Massachusetts Executive Office of Energy and Environmental Affairs Workplace Safety and Reopening Standards for Businesses and other Entities Providing Outdoor Adult Sports, Supervised Youth Sports Leagues, Summer Sports Camps- Phase II, June 9, 2020](#)

[Phase II – June 9, 2020 - Workplace safety and reopening standards for businesses and other entities providing outdoor adult sports, supervised youth sports leagues, summer sports camps.](#)

[Massachusetts Child and Youth Serving Programs Reopen Approach/Minimum Requirements for Health and Safety](#)

Restaurant [Mandatory Safety Standards](#)

APPROVED SIGNAGE FOR POSTING

<https://www.mass.gov/doc/how-young-people-can-prevent-covid-19-with-social-distancing/download>

<https://www.mass.gov/info-details/covid-19-printable-fact-sheets>